



## MEMBERSHIP FORM

### ANNUAL MEMBERSHIP FEE 2020

Student Renewal: \$20 ☐ Adult Renewal: \$25 ☐ Family Renewal \$35 ☐  
Student New Member: \$30 ☐ Adult New Member: \$35 ☐ Family New Member: \$45 ☐  
(New Members receive a cotton t-shirt)

CHECK \_\_\_\_ CASH \_\_\_\_ ONLINE \_\_\_\_  
(\$5.00 discount is paid before 1/31/2020)

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ 2020 Goal: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE #: \_\_\_\_\_ CELL PHONE #: \_\_\_\_\_ TEXTS? yes ☐

EMAIL ADDRESS: \_\_\_\_\_ REMIND? yes ☐

(To sign up for remind text 81010 with message @wbrrrc)

EMERGENCY CONTACT NAME: \_\_\_\_\_ PHONE # \_\_\_\_\_

#### Membership benefits:

- Training plans
- Support
- Group Functions
- Preferred entry and discounts at WBRRRC events
- Discounts at some running events
- Water for long runs and speed workouts
- 10 % discount – Fit2Run, Run Appeal, Runner's Edge, Fleet Feet, Delray Running Co.
- Saturday long fun runs
- Wednesday tempo runs, bridge runs, speed training, etc.
- Save money!
- Meet with fun, like-minded people who share your love of RUNNING!

WBRRRC Use only:

Date Received: \_\_\_\_\_

RRCA Roster: \_\_\_\_\_

(Waiver on back)

## Our Purpose

The West Boynton Road Runners Club promotes and encourages distance running as a competitive sport, and it improves fitness and health by supporting running and jogging. Toward those goals, the WBRRC promotes and conducts races or other running activities; disseminates information on running via publications, presentations and educational programs; takes part in or conducts research; makes awards; offers management guidance to member organizations; and does related activities. The Club also engages in community activities, to publicize by appropriate means, the benefits of running as a means of physical fitness to improve the health status of people in our community.

## Club Membership Waiver of Participation

I, \_\_\_\_\_ agree that I am a member of West Boynton Road Runners Club and I know that running in and volunteering for organized group runs, social events, and races with this club are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the club agree to abide by them. I assume all risks associated with being a member of this club and participating in club activities which may include: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road all such risks being known and appreciated by me. I understand that bicycles, skateboards, animals, roller skates or roller blades are not allowed to be used in club organized activities and I agree to abide by this rule. Baby joggers and personal music players are strongly discouraged for the safety of you and the other runners, use at your own risk. Having read this waiver and knowing these facts and inconsideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the West Boynton Road Runners Club, the county of Palm Beach, and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for the club.

All adult members must sign below:

Signature:

Date:

Signature:

Date:

Signature:

Date:

Signature:

Date:

Parent's Signature if under 18 years:

Date: